

TITLE	Update from Health and Wellbeing Board
FOR CONSIDERATION BY	Health Overview and Scrutiny Committee on 25 November 2013
WARD	None Specific

OUTCOME / BENEFITS TO THE COMMUNITY

To ensure that the Health Overview and Scrutiny Committee are updated on the work of the Health and Wellbeing Board.

RECOMMENDATION

That the update from the Health and Wellbeing Board be noted.

SUMMARY OF REPORT

The Health Overview and Scrutiny Committee have asked the Health and Wellbeing Board:

- An update on key areas of work and;
- 'Improving appropriate access to, and the quality of, Child and Adolescent Mental Health Services (CAHMS)' was a key priority identified in the Health & Wellbeing Strategy. A Member questioned whether the Health & Wellbeing Board would be considering bed provision for those at Tier 4;
- Staffing levels in key areas e.g. Public Health – are these now full strength?
- Planning regarding population increase as a result of the Strategic Development Locations – ensuring that GP surgery provision sufficient; - is this something which the Board is considering?

Background

The Health and Wellbeing Board met for the first time in April 2013, just after the Local Authority took on formal responsibility for Public Health. Public Health specialist staff were either recruited to or transferred from the NHS into the new roles within the Authority. Since this time, the Board has published its Health and Wellbeing Strategy; strengthened its links to the other thematic partnerships which feed into the Board; and identified the responsibilities these partnerships have for delivery of the health and wellbeing strategy.

Analysis of Issues

The Wokingham Borough Health and Wellbeing Strategy has 5 strategic aims:

- Promoting good health throughout life
- Building health and wellbeing into new communities
- Improving life chances
- Emotional health and wellbeing
- Older people and those with long term conditions

Each of these aims has beneath it a set of outcomes and deliverables.

Public Health Programmes and Commissioning

Major public health programmes are covered in detail below. The service also contributes to many cross-council work streams including leisure and sports development; the planning agenda and the SDLs; children's health and safeguarding (Including leadership of the Berkshire Child Death Overview panel); Gypsy, Roma and Traveller issues; Emergency planning, resilience and recovery; the Managers Forum; ECLT and health and wellbeing leadership team.

The NHS Health Checks Programme

This is a health improvement programme designed to reduce cardiovascular disease and incidents through a targeted health check with all aged over 40. The annual target is to cover 20% of the eligible population every year. In Wokingham Borough this equates to 9,567 people from the total eligible population of 47,837, and amounting to 797 people per month to be invited for a health check. There is no official target for uptake, but current national figures stand at 49% with an aspiration for at least 50% and up to 70% as the programme matures.

Wokingham Healthchecks performance in the first two quarters of current year 2013/14

Invitations for health checks		Completed health checks (% of those invited)	
Q1	Q2	Q1	Q2
1197	767	537 (45%)	217 (28%)

Figures for coverage for Quarter 1 were in line with figures for other Unitary Authorities in Berkshire but figures for quarter 2 have been below their performance.

Currently in Wokingham Healthchecks are being delivered predominantly through GP

surgeries through a Locally Enhanced Service (LES) that all but two surgeries have signed up to. Despite this LES only half of the surgeries are actively undertaking healthchecks and discussions with GPs and the CCG have started to encourage further active participation in the programme including a meeting with the GP council to understand barriers and to get their thoughts on the appropriate model for health checks in Wokingham.

There is a separate LES with 9 pharmacies in Wokingham to provide healthchecks but this has contributed very small numbers of completed healthchecks.

Regionally Public Health England (PHE) is keen to support delivery of this programme but have limited influence on delivery. They can help with marketing the programme and we could avail of this help once the model for future delivery is agreed and this would help in improving the uptake figures for the programme.

Sexual Health Services

Since April 2013, local Authorities have been the main commissioner for sexual health services for its population, including Family planning and Genito-Urinary Medicine (GUM) services. These are delivered under contract by local hospital and community health trusts, contracts which have been transferred from the NHS in April. There is an intention to drive up the quality, choice and efficiency of the services through a recommissioning exercise across all Berkshire Unitary Authorities. The Council will always pick up invoices from activity relating to its residents who may access sexual health services anywhere in the UK as these are open-access services.

In the financial year 2013/14 to date: A total of 547 family planning appointments have been provided to Wokingham residents by Royal Berkshire Healthcare Foundation Trust and Berkshire Community Healthcare Foundation Trust

A total of 1,985 GUM appointments have been provided to Wokingham residents by Royal Berkshire Healthcare Foundation Trust, Berkshire Community Healthcare Foundation Trust, and Frimley Park Trust.

A total of 70 GUM appointments for Wokingham residents were provided in out of area Trusts. All activity is within the expected activity levels based upon previous year's performance.

Stop Smoking Services

The Berkshire Unitary Authorities have a contract for a comprehensive Stop Smoking Service with Solutions for Health, based in Green Park, Reading.

They provided a very successful campaign for Stoptober – the national October stop Smoking campaign now in its second year. Two launch events took place in the Borough – one in Wokingham Town centre; one in Woodley town centre; both supported by the Councillor UllaKarin Clark the Borough Mayor. The campaign attracted over 600 sign-ups in Wokingham Borough.

At the end of quarter 1 of 2013/14, 154 smokers have quit at 4 weeks, an increase on the previous year's performance. Work to attract routine and manual workers and BME smokers to service continues apace. Wokingham Borough's smoking prevalence is

double within the routine and manual worker population than for the rest of the population.

Wokingham Needs Assessment

Work on a comprehensive rewrite and reformatting into a web-based document of the Wokingham Needs Assessment has been led by the Public Health Team, with intelligence and data support from the Core team at Bracknell Forest, and WBCs own website manager in Customer Services. The document will be complete early in 2014, as several chapters are still being reviewed as capacity has been severely limited within the public health team, and there have been some issues around matrix management across the Borough.

There is a need to ensure a “single version of truth” for next year, with ward profiles – a feature of the assessment; and demographic data being common across a number of assessments including those in children’s services and community safety.

Berkshire-wide lead topics work

Under the agreement for Public Health services in Berkshire, each unitary authority has agreed to host its own team, which will have some high-level leadership or expertise in core topic areas for the whole of Berkshire. Under this agreement, the Wokingham team have led on the following work:

- Authored a detailed evidence review on the health impacts of physical activity;
- Commissioned a rapid evidence review of self-care and an evaluation of existing interventions for people with long term conditions – feeding into the commissioning and redesign of health and social care services for people with long-term conditions;
- Taken the Neurological Conditions Assessment forward for ratification;
- Commissioned a review of evidence on prevention activities to reduce frailty in older age;
- Supported a Making Every Contact Count (MECC) pilot programme with Royal Berkshire Fire and Rescue service to encourage their support and signposting for residents they perceive to have multiple vulnerabilities;
- Established links to Academic Departments to support workforce development; continuing professional development and revalidation;
- Developed more comprehensive knowledge on the links between spatial planning in order to cascade the work Wokingham is undertaking within the SDLS work stream around health improvement to the other unitary Authorities.

Public Health Team Staffing

Upon preparation for transition from the local NHS organisations to local Government, vacancies were identified in the public health team for Wokingham. A suitably qualified and registered Public Health Consultant was recruited externally alongside posts in Bracknell Forest and West Berkshire, and 2 vacant posts were carried into the establishment at WBC for recruitment to local terms and conditions at a later date. Three post holders were transferred to WBC in April. One, the Project Officer left by mutual agreement in September. The Programme Manager has unfortunately been suffering from ill health long term which has significantly reduced her capacity in the workplace. She is now due back in the new year on a phased recovery / return to work.

A time limited post working with the Gypsy, Roma and Traveller communities transferred, but sadly the post holder retired due to ill-health.

To boost the capacity within the team, a Locum Consultant who has just completed specialist training has been in post since September, but will be moving on to a substantive post in Sussex in the new year.

There are now 3 vacant Project Officer posts and recruitment has begun following CLT approval for the posts in early November. Interviews and offers of posts are expected before Christmas. Discussions are taking place with west Berkshire and Berkshire Community health Foundation trust about the replacement Gypsy Roma Traveller post and how best to sustain a public health nursing post within the Trust which has made significant inroads into this area of work.

Planning for Population Increase

Responsibility for planning and commissioning primary healthcare (GP services) rests with the local area team of NHS England. The Health and Wellbeing Board has written to the area team seeking clarity on their plans and the processes; quotas and models for providing the additional GP provision required for the growth in population brought about by the development of the 4 SDLS and other developments in the Borough.

Presentations on SDLs and growth have been delivered to the CCG Board and CCG GP Council in November 2013, ensuring the demographic challenges are understood in the context of the GP role in clinical commissioning of secondary care services.

Working with the Policy and Planning team, a stakeholders' workshop held in Summer brought together local GPs, the Army Medical Services; planners; Optalis and others to discuss the opportunities for health service provision within the SDLs. A proposal is being finalised to secure an assessment of current and projected provision within the SDLs is continuing; which can then be used as local evidence of need including on the phasing of development for discussion with the area team. A briefing for Council Members is being prepared on the impact of population growth on health services to support them in discussions with residents and at residents' for a where these issues may be brought up.

CAMHS

From 1st April 2013 responsibility for commissioning Tier 4 CAMHS moved from the PCT to NHS England. Berkshire Adolescent Unit (BAU) did not meet the service specification for a Tier 4 unit. The BAU therefore provides a Tier 3 CAMHS service.

Under the new system, when a young person requires a Tier 4 bed, BHFT arrange this through NHS England Specialised Commissioning. NHS England source the bed. The nearest T4 units to Berkshire are Highfield in Oxford, or Marlborough House Wiltshire. If these beds are full, BHFT work through a further list of approved units provided by NHS England. National demand for Tier 4 CAMHS has increased. There have been instances this year of demand for Tier 4 beds outstripping supply. As a result there have been some delays in young people sourcing a Tier 4 bed. Some individuals have been placed a considerable distance from home until they can be moved to a closer unit. This has been a national issue. These concerns have been raised with NHS England.

In response NHS England are currently undertaking a national review of Tier 4 CAMHs. This is expected to report in January.

In the shorter term, the Thames Valley NHS England team have employed a case manager to work with local CAMHs and Tier 4 providers to ensure that placements are safe, appropriate and meet the needs of young people. Whenever possible Tier 4 beds in the Thames Valley are used for Berkshire patients.

Berkshire health commissioners are reviewing the local specialist CAMHs pathway in and out of Tier 4. The function of the Berkshire Adolescent Unit is included in this review. Service user and stakeholder views will be sought and CCG commissioners will be presented with an options appraisal in early 2014. This process may result to a change in the local service provision.

FINANCIAL IMPLICATIONS OF THE RECOMMENDATION

The Council faces severe financial challenges over the coming years as a result of the austerity measures implemented by the Government and subsequent reductions to public sector funding. It is estimated that Wokingham Borough Council will be required to make budget reductions in excess of £20m over the next three years and all Executive decisions should be made in this context.

	How much will it Cost/ (Save)	Is there sufficient funding – if not quantify the Shortfall	Revenue or Capital?
Current Financial Year (Year 1)	N/A	N/A	N/A
Next Financial Year (Year 2)	N/A	N/A	N/A
Following Financial Year (Year 3)	N/A	N/A	N/A

Other financial information relevant to the Recommendation/Decision

Cross-Council Implications

N/A

Reasons for considering the report in Part 2

N/A

List of Background Papers

Wokingham Borough Health and Wellbeing Strategy 2013-14

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